Have you had all of your Health Screenings?

**Everyone**

Colon cancer screenings starting at age 50  
Hepatitis C screening once if born between 1945 and 1965  
HIV screening once for ages 15 to 65

**Smokers/Former Smokers**

Lung cancer screening annually between the ages of 55 to 77 if you currently smoke or have smoked within the last 15 years  
Aneurysm screening for men once between the ages 65 to 75

**Men**

Cholesterol screening every 3 years starting at age 35, or age 20 if you have diabetes, obesity, hypertension, a family history of heart disease or are a smoker

**Women**

Cervical cancer screening at age 21 to 65 every 3-5 years depending on age and history  
Breast cancer screening at age 50 then every 1-2 years depending on history  
Cholesterol screening every 3 years starting at age 45, or age 20 if you have diabetes, obesity, hypertension, a family history of heart disease or are a smoker  
Osteoporosis screening once over the age of 65

These recommendations are subject to change depending on your personal or family history

For additional information visit: [www.uspreventiveservicestaskforce.org](http://www.uspreventiveservicestaskforce.org)