

# Have you had all of your *Health Screenings?*

## *Everyone*

Colon cancer screenings starting at age 50

Hepatitis C screening once if born between 1945 and 1965

HIV screening once for ages 15 to 65

## *Smokers/Former Smokers*

Lung cancer screening annually between the ages of 55 to 77 if you currently smoke or have smoked within the last 15 years

Aneurysm screening for men once between the ages 65 to 75

## *Men*

Cholesterol screening every 3 years starting at age 35, or age 20 if you have diabetes, obesity, hypertension, a family history of heart disease or are a smoker

## *Women*

Cervical cancer screening at age 21 to 65 every 3-5 years depending on age and history

Breast cancer screening at age 50 then every 1-2 years depending on history

Cholesterol screening every 3 years starting at age 45, or age 20 if you have diabetes, obesity, hypertension, a family history of heart disease or are a smoker

Osteoporosis screening once over the age of 65

*These recommendations are subject to change depending on your personal or family history*

For additional information visit: [www.uspreventiveservicestaskforce.org](http://www.uspreventiveservicestaskforce.org)

