Community Food Resources
For additional resources or information you can call 211 or go to 211shasta.org.

**COOKED MEALS**

**Goods New Rescue Mission**
(530) 241-5754 3075 Veda St. Redding, CA 96001

**Second Baptist Church**
(530) 222-40412560 Bunker St Redding, CA 96002

**Hillside Church**
(530) 241-0551
621 Twin View Blvd Redding, CA 96003

**Bethel Kitchen Ministry**
(530) 246-6000
935 College View Dr. Redding, CA 96003

**EMERGENCY FOOD SUPPLIES**

**Shepherd’s Heart** (530) 347-5488
3320 Brush St. Cottonwood, CA 96022

**Anderson-Cottonwood Christian Assistance**
(530) 365-4220
2979 East Center St. Anderson, CA 96007

**Good News Rescue Mission**
(530) 241-5754 3075 Veda St. Redding, CA 96001

**Living Hope Compassion Ministries**
(530) 243-8066 1043 State St. Redding, CA 96001
- Food co-op program

**People of Progress**
(530) 243-3811 1242 Center St Redding, CA 96001

**Redding Loaves and Fishes**
(530) 241-1108
1180 Industrial St. #A Redding, CA 96002

**The Salvation Army**
(530) 222-2207 2691 Larkspur Ln. Redding, CA 96002

**Shasta Lake Community Food Pantry**
(530) 275-8052
1501 McConnell Ave. Shasta Lake City, CA 96019

**Shasta Senior Nutrition Programs**
(530) 226-3071
100 Mercy Oaks Dr. Redding, CA 96003
- Not just for seniors

**Sikh Temple**
(530) 365-7187
3900 Riverside Ave Anderson, CA 96007

**Shingletown Grassroots Food Pantry**
(530) 474-4220
7752 Ponderosa Way Shingletown, CA 96088
Black Butte Elementary School, room 19

**USDA Commodities**
Food is distributed at several locations. Go to www.ssnpweb.org or call (530) 226-3071.

**Ono Igo Community Church** (530) 396-2277

**HIV/AIDS Food Program** (530) 223-2118
- Shasta, Trinity & Tehama Counties

**Lunch Bunch** (530) 364-2384

**Free Summer Lunch Program** (530) 225-0200
- 18 years and younger

**Martin Luther King Center**
(530) 225-4375 1815 Sheridan St Redding, CA 96001

**ONGOING ASSISTANCE**

**CalFresh** (530) 225-5767 or (800) 570-1107 www.C4Yourself.com
- Helps people with low or no income buy healthy food.

**Women, Infants & Children** (530) 225-5168
- WIC helps pregnant women, mothers and infants, and young children eat well.

**EDUCATIONAL SERVICES**

**Nutrition Education Workshop**
SCHC Patient Education
(530) 246-5953 or (530) 229-5124
- Classes held in Redding, Shasta Lake City & Anderson throughout the year
- Call or visit www.shastahealth.org for additional information

This resource list is provided compliments of Shasta Community Health Center.
www.shastahealth.org

This handout is provided by Shasta Community Health Center (SCHC) and is designed to assist you in your search for community resources. It is not a guarantee of service and the services and organizations listed are not associated with SCHC. SCHC does not endorse or recommend any particular service or organization listed. SCHC takes no responsibility for any services or assistance that may, or may not, be rendered.