Ever wondered about your drinking or drug use...

When is it time to make a change?

Ask yourself...

- Is using no longer fun?
- Are friends and family worried about me?
- Am I having a hard time at work or school?
- Do I feel bad after drinking or using?
- Do I feel hopeless or out of control?

If you answered yes to any of these questions your drinking or drug use may be getting in the way of the life you want.

The ISAP Team may be able to help. Call us to find out how.
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