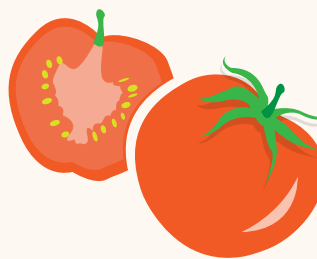


Cooking Matters

- Learn Cooking Skills
- Nutritional Education
- Community Support



Fridays from 12:30PM - 2:30PM

February 2nd - 23rd

Shasta Community Health Center

1035 Placer Street Redding, CA 96001



Shasta Community Health Center
a californiah⁺health center

Contact us for more information and to reserve your spot!



(530) 229-5115



patiented@shastahealth.org